

JERSEY SPORT COVID-19 Guidance Update

11/12/2020

Update for Sports

Introduction	<p>This guidance covers the Christmas and New Year period following updated guidance from the Government of Jersey announced last night.</p> <p>There are different rules for meeting up with people during the Christmas and New Year period, from Wednesday 23 December 2020 until Tuesday 5 January 2021 inclusive.</p>
Updates	<p>These are the key updates to COVID-19 restrictions related to sport and physical activity. Links to the full guidance are included towards the end of this document.</p>
Christmas & New Year	<p>This Government of Jersey guidance applies to all outdoor sport and physical activity. Indoor sport and exercise services remain not permitted.</p> <p>Christmas & New Year: Wednesday 23 December 2020 until Tuesday 5 January 2021 inclusive.</p> <p>Gatherings in outside public places limited to a maximum of 20 people.</p> <ul style="list-style-type: none">• All gatherings in outdoor public places must not exceed 20 people• Business or organisations (including sports clubs, associations and groups) are not allowed to arrange any controlled events outdoors for more than 20 people. <p>Gatherings of 6 people or more are limited to 3 in total.</p> <ul style="list-style-type: none">• A gathering is any group of 6 or more people meeting socially (for instance, not for work or volunteering purposes) where at least 2 people are from a different household(s) to the others. A household includes everyone that lives at the same address• Gatherings of 6 or more people involving more than one household must not occur more than 3 times over the defined festive period.• You must not attend more than 1 such gathering a day. <p>Smaller groups of up to 5 people.</p> <ul style="list-style-type: none">• Any additional gatherings must be of 5 or less people• Islanders can have more than one small group in a day• These small groups will not be counted towards the 3 gathering limit

	<ul style="list-style-type: none"> • Islanders can meet as a small group in addition to one gathering of 6 or more people in a day • Keeping the people you socialise with as consistent as possible will reduce the risk of spreading the virus <p>There will be no further exemptions to the Christmas and New Year Guidance, for sporting events or charity fund raisers. Such events must be limited to the maximum of 20 people outdoors. Where this is not desirable or possible, organisers should take steps to postpone their plans.</p> <p>Key public health messages over the festive period</p> <p>Throughout the Christmas and New Year period you should continue to:</p> <ul style="list-style-type: none"> • Consider socialising outside wherever possible as the risk for spreading COVID-19 is higher inside • Remember to maintain 2 metres physical distancing from people outside of your household at all times • Keep records of who you socialise with, to support the contact tracing team if you are found to be a direct contact of a positive case • Stay alert to you or anyone in your household developing symptoms, contact the helpline and isolate from others until a negative result or advised by the contact tracing team <p>If you do choose to see others socially, think about including those who live on their own or may be struggling with isolation or loneliness, especially at this time of the year.</p> <p>If someone in your household or in a gathering you attend is in a higher risk category, then everyone should take extra care to follow the public health guidance to ensure that the risk of passing on the virus is minimised.</p>
Before & After the Christmas/ New Year Period	Before and after the Christmas and New Year period the general gatherings guidance will apply.
Guidance	<p>All sports clubs, associations and organisation are strongly encouraged to be familiar with the latest full guidance, please visit:</p> <ul style="list-style-type: none"> • Sports guidance – gov.je • Gatherings and events guidance – gov.je • Sports guidance – jersey sport.je
Contact	If you have any questions, please contact Coronavirus@JerseySport.je .